## THE SCOTCH GIRL

Ellen Adair Discusses Her National Characteristics.

with an imparital eye, the Scotch girl is a type unto berself, there is no doubt of

wealthy, the French girl may be chic and charming, the English girl may be breezy ami bracing, but for sheer sterling quallifes, grit and "staying power," the Scotch girl can hold her own any time with

That the Scotch girl has tendencies toward the serious and the non-frivolous is too well known to emphasize. Perhaps

and drenching fogs.

Yet the Scotch girl has a very strong sense of humor, despite the adverse criticisms of the uninitiated. Doubtless, the form of it differs in its very subtlety from the feeble jestlet of the too critical centers. But the humor leads to the too critical centers. But the humor is there, all the

The Scotch grit shows strongly in the women of the race, too. The same fear-less spirit which has always made the Scottish regiments at once the salvation and the pride of Britain, that deathless courage in the face of danger that the Scottish soldiers have displayed from time immemorial are shown in the character of the best type of Scotch girl as a pre-

Regarding her mentality, the Scotch girl is both intelligent and well-educated. For hundreds and hundreds of years the

To one who has met and studied her passion and the pride of Scotland have lain tith an impartial eye, the Scotch girl is in her echools and colleges. No country on earth gives a finer or more compression and passion there is no doubt of on earth gives a finer or more comprehensive education to ber children than does Scotland. And that despite the fact that she is not a wealthy nation. The Scotlan parent has to make many sacrifices an hold her own with any other siri on the world.

The American girl may be writy and university, works tirelessly and contin-uously to the end that she may justify family and national tradition, and come out with a university degree and flying

colors.
Ambition, then, is another characteristic of the Scotch girl. She combines the latter with a certain buildog grip of Idea and tenacity of purpose that bring

her to the front wherever she goes.
Inside the home the Scotch girl is calculated to make a success of things. For it's the Scottish climate that engenders this leaning toward the serious. I do not know. The Scottish climate is calculated to dispel frivolity somehow. It is not easy to feel festive under dripping skies and drenching fogs.

Yet the Scott sir has a very strong sense of humor, despite the adverse criti-sense of things. For her early upbringing has often meant the abnegation of self. In Scotland the mean of the family have the first claim to things, while the girls have to take more or less of a hack seat. Hence, on going out into life, the Scotch girl sets out with no exaggerated idea of her own importance. She has never been spoiled by overdemonstrative parents—the Scotch parent is never demonstrative, by the way—she has had to "give in" hundreds of times to brothers, father, friends. Hence, while demanding a fair share of the good things of life, she is quite unspoiled and very far from selfish.

The calibre of the Scotch girl is being thoroughly tested at the present time, for in almost every family, brother, father or awaetheast are off fighting at the front, and the Scottish losses have been very heavy. But the Scotch girl does not show her feelings easily or readily, although they go very deep in-deed. To the world she is showing a brave front and the same calm, resolute demeanor that has been demeanor that has been demeaned that has been demeaned by the demeaner of the demeaner demeanor that has ever been one of her

### The Kindly Heart

There is one quality that will always ensure the possessor being loved by others. It is the power to see good in

Not the lazy, uninterested duliness that cannot be bothered to detect the differ-ence between a good and worthless in-dividual, but the great big heart that sees and understands the difference quite well, and yet, all the same, can make allowances for circumstances and up-bringing, and not condemn hastily.

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A girl who has this large nature and loving charity may not be highly intellectual, though she is far from being stupid; she may not be witty, and she may even be a triffe quiet and uninteresting to others, but she is the one to whom we instructively turn for exercise. whom we instinctively turn for comfort and help when in trouble. When all the world is against us, and

we cannot make others see our point of view, she is sure to understand. When we have done amiss and are suffering she will heal and never preach to us.

And when she is spoken of there will always be given her the sweetest tribute that human lips can frame-"she is such

## How Did You Take It?

Did you tackle the trouble that came your way
With a resolute heart and cheerful?
Or hide your face from the light of day, With a craven soul and fearful?

"Oh, a trouble's a ton, or a trouble's an ounce. a trouble is what you make it, And it isn't the fact that you're hurt

For Would-be Engaged Girls Do not let thoughts of love and mar-

riage fill your mind so that no other topics can interest you.

Do not think that any husband is better than none, and so accept an offer merely for the sake of being married. Do not forget that the girls who are most successful in marrying happily are those who try their best to prepare them-selves to be good wives before they are married.

ous habit has spoiled many a girl's solution of marrying happily. Do not imagine that because your pa rents do not at once give their consent they are monsters of hard-heartedness; they are older and wiser than you, and it is right that they should use their experience on your behalf. Perhaps one day you may be thankful that they were cautious in the motter. cautious in the matter.

Do not play at courtahip; this danger

### Don'ts for Business Girls

Don't start as a milliner unless you have a real gift for trimming hats. Don't secept a post in an office if you ong for an outdoor life.

Don't think of your salary first and part from the originals as far as details your work afterward. The good worker are concerned, there is always a suggescan always command a good salary. Don't go on the stage because your friends admire your amateur acting. It is hard work, and only fit for those who jacket never achieved by the redingote

have talent and grit.

Don't undervalue yourself! it is almost as bad as overvaluing your abilities. Don't take a post as shop assistant if younger set. It is girlish in effect, and you are incurably shy; you will be a only the matrons who are young and of failure.

Don't insist upon an easy berth; such

#### times come, as they usually do. But only-how did you take it?" FOR THE BUSINESS GIRL

The two fascinating litle frocks sketched , anything prettier? And would it ever below are and can be quickly and easily dawn on you that they are both from the made by her at home. The very thing same pattern? But they are! That is the for the business girl. Did you ever see beauty of them. It is such a gloriously

simple pattern, too. Imagine-the skirt has only two seams, the sleeve merely one, and the bodice is simply joined up the back. A baby, who could use a sew-

ing machine, might make it! It is so economical, too, for it only takes four yards of 42-inch material.

You know the all-in-one-bodice cut with the skirt pattern is only a success for very slight figures. You mustn't own

Quite a number of girls greatly dislike the utter absence of any sort of fulness at the back. Well, they will revel in this pattern, because it avoids their objection and yet keeps the fashionable slim out-

Suppose you could conscientiously allow yourself a velveteen gown, it would be golds-wouldn't that be an ideal little perfectly aweet! gown for "best"?

ments of fur—and what girl does not?—you can easily fashion the neck and ouffs from them, and if you haven't, marabout trimfund them are supplied by the suppl

Look at the first picture. Isn't it a perfect winter gown? If you own odd- and waistband being fashioned from some

med with a narrow edge of dark brown here, and will only give them an added fur, and sash of blues and browns and charm.

### The Wardrobe

If you want to store your furs away you should clean them first with hot bran. Rub this well in, leave for a few hours, and then shake out. If this does not clean white fur well enough, damp the bran and rub it in, then rub in dry bran, and finally beat the fur with a came to take out all the bran. If you have a pair of bellows in your house, give your fur must and stole a good blowing. This removes the dust in a marvelous manner.

## To Wash Glass

Nothing looks so bad as cloudy tumblors. This is the right way to wash giars so that it looks like crystal. Dissolve sums some july in hot water (the water must only be hot enough to hear the hand in, not botting). Wash the fumblars, etc., in this then rinse in a pan of clean warm water. Dry with a sent tewal, and then polish with a soft earth you keep for the purpose, which must be perfectly dry.

A Helping Word

"" aver he tempted to think that
work is unimpertant. It tent, if
are doing your heat to sweeten your
or of the excell as well as doing the

comminguishes of general interest exists readers will be printed in a page Buch correspondence elected abstracting to the Wantan's Editor,

#### Don't use scented paper; it is the worst Don't forget to write your address and the date, even if you are not writing en

When You Write a Letter-

ruds, and it is an untidy, lasy habit at

Avoid postscripts if you can; some girls put all the important part of their latter as an afterthought. Don't cross your writing; paper is cheap, and it is trying to have to decipher crossed writings.

crossed writings.

Plain paper, white, blue or gray, of a good quality is preferable, and indicates a refined and excellent taste.

Use envelopes that will take your paper castly when twice folded. possibly softer than ever



## MODES OF THE HOUR

The jaunty lifle jacket favored by Callot appears now on every side. That the original models owed their existence to military inspiration is very apparent and eithough the costumes now devised deliberation of the beautiful picture hat, feather laden, with flapping brim. part from the originals as far as details are concerned, there is always a suggestion of the uniform in the cut and style.

The hat in the picture is a small turban with a wide band of fur encircling the crown and two cut jet ornaments standing out in Mephistophelian style. or the long coat of any description, which makes it particularly sultable for the

slim build should attempt to wear it. psychological, is the brief hours of popularity that it enjoys when it re-

appears from time to time. From Paris came the report that monkey fur would adorn the most recherche costumes, and that nothing else would equal it in distinction. It is a very beantiful fur in many peoples' esti-mation, the sheen of the hair, and the richness of the black making it also a

very becoming one.
It is being used on many beautiful frocks, street suits, evening gowns and house gowns, and many a chapeau shows a band of monkey on crown or brim, but it does not dominate the fashion as it was expected to.

was expected to.

Possibly the fact that fur is exploited almost beyond reason, as a trimming, makes it out of the question for any one fur to rank supreme. The very humblest furs, opossum, cat, skunk in the cheaper grades, are used as trimming, and very effectively.

One might run down the list of furs and hardly find one that is not being used at present. Some are more desira-

used at present. Some are more desirable than others, it goes without saying. Beaver, for instance, is being rushed to the front, but it might almost be said it doesn't matter what it is, just so it is

The suit sketched today shows three of the prevailing tendencies of the present modes, the circular skirt, the military jacket and the fur trimming. It is made of blue military cloth, and the fur is black fox, of the short-haired variety. It is fastened Connects style variety. It is fastened Cossack style close to the throat and braided according to military device. Whether the fall skirts make the

waist look more slender or whether they really call for at least a normal waist, appears to be left to the individual to decide. The fact of the business is, that almost everything is left to personal preference or choice. There are seasons when styles are so definite that dressing is much simpler

Washing Feather Pillows To wash feather pillows put them into a large tub, and scrub them with a solution of chloride of lime and warm water, using a small brush for the purpose. The pillows should then be thoroughly rinsed out in cold water, and placed out in the open sir to dry, remembering to turn them frequently. On the following day the pillows are pinned by the corners to a clothes line, and well beaten with a cane. If the day is at all breesy, the pillows will dry through quickly, while the beating will have resulted in the feathers being thoroughly separated, and, in consequence, will be found to be



## Annual Committee of the Delicacies for Thanksgiving

Many more delicious treats are here for selec-This shop will not be open Thanks-

## Bradford Clarke Co.

## POINTS ON PTOMAINES

By C. HOUSTON GOUDISS Food Expert.

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The Corkscrew Curl

The tange curl and the popular side

A Thought for Today

Don't grumble too much if you come o a time when illness lays you on one

side. Even if you can't do active work,

Quick Way to Clean Currents

Ptomaines are dangerous, chiefly be- | fruits and vegetables are used for canning cause they move in such mysterious ways their wonders to perform. They are of such a shy and retiring nature that nobody knows just what causes them, where to look for them or how to avoid them, and the confusion that results is made just a little more confused by the close resemblance of other and less harmful germs and symptoms to the chief of their

But one thing about ptomaines has been established beyond question. They are born of putrefaction; they live in filth, and their favorite breeding ground is animal refuse or, failing that, decayed meat

The connection between ptomaines and shellfish is obvious. Shellfish are all scavengers. The more delicious they are the more open-minded and catholic they are sure to be in food matters.

Esvere cases of ptomaine poisoning resulting from shellfish have done much to

spread the idea that they are dangerous. Therefore, some people avoid them alto-gether; others eat them indiscriminately getner; others eat them indecriminately and trust to Providence to stand between them and the consequences.

Lobsters, crabs, oysters, clams or shrimps taken from waters contaminated with the sewage of a city or a large town are always dangerous. The sewage is

thick with animal refuse, and the crust-aceans are as sure to get it as they are to be served up in our restaurants and lobster palaces. A thousand may be eaten without harm, while the thousand-and-first, looking exactly like this neighbors, may be recking with ptomaines.

The only insurance against ptomaines that the shellfish eater can depend upon

is absolute knowledge, first, that the savory morsel is fresh; second, that he came from clean waters.

The first condition can be met by buying the shellfish alive, if they are for the
home table, or insisting upon adequate
assurance of their home address and age.

if they are ordered at a restaurant.

If you cannot live without oysters in a big city, you are comparatively safe if you eat them only at a place which guarantees its whole supply as being from uncontaminated waters and which opens the oysters freshly for each order. Public opinion ought to induce any alert restaurant keeper to furnish ample proofs that he has compiled with the first con-dition. As for the second, you can be pretty sure of fresh oysters, if you order a box stew. The name means that it is made from cysters freshly opened for immediate cooking.

Ptomaines are usually blamed for the serious discomfort that results from eating stale fish. But in this case they are ear with such an air of severity. It seldom responsible, the mischlef arising is expected that the double corkscrew from another set of germs that cause somewhat the same symptoms, but are not so dangerous. But even this cannot be depended upon, for any stale fish has it quite within its power to harbor the true ptomaines.

The same may be said of canned goods, sausage, milk, butter, ice cream, cheese, even of decomposed fruits and vegetables. In fact, hardly any food product is ex-empt from suspicion, if it has within it the germs of putrefaction. The fear of canned goods is warranted only when an inferior grade is used. In a well-conducted cannery only the fresh-

est and cleanest materials are selected and these are put up under sanitary conditions, so that first-class canned goods are among the purest and safest of foods.

The danger comes when decayed meats, come through the small holes.

When to Yield Is to Win

In love, as in battis, a retreat often in the long run spells a victory.

A girl who is gifted with that instimable virtue that we call tact will often obtain her own way by apparently yielding in the prettiest manner possible. She seems to lay down her arms at the first demand to surrender that is made her. Yet really she is but retreating in order to advance the more surely later on. or when the bulging of the can shows that fermentation has set in. The surest way to avoid ptomaines is

later on.

Over unimportant points it is prudent to give way, then when it is a question of a really serious matter one can come to the attack with ranswed vigor; not sirength has been lost in petty squabbling or disputing.

Those who give way graciously in trifles usually command attention in great things.

The love that is gained by this sweet submission serves to win approval for us when we wish to make requests of a more serious nature. to make it your business to know that the food you buy is clean and that the food in your home is kept and cooked under conditions that are absolutely clean

under conditions that are absolutely clean and sanitary.

If we keep the air of the refrigerator clean and cold; if we empty the contents of cans as soon as they are opened and keep what is left over in a glass or China dish, instead of putting it back into the can; if we refuse absolutely to eat state or unclean foods of any sort, and if we avoid dead shelliash, doubtful sauenges and restaurant hashes and stews, we are using all the precautions now possible against ptomaines.

If, however, in spite of all your care, you are attacked by ptomaine noisoning, send for the doctor at once and while waiting for him to arrive, induce free twomitting and purging. The trouble may be caused by ptomaines, or it may be only a severe cramp, but it is always well to be on the safe side.

Copyright by C. Houston Goudles. a more serious nature.
a more serious nature.
Save your ammunition, therefore, for the big things of life, and waste no time or strength upon trying to get your own way in small things and thereby irritating others unnecessarily and prejudicing them. dicing them against you.

Around the Clubs

Around the Clubs

The regular club tea was held yesterday from a to 6 o'clock at the College Club, 1200 Spruce street. The hostesses included Miss H. Jean Crawford, of Bryn Mawri Miss Katherine Welff. of Swarthmore: Miss Carolyn E. Golding, of Goucher College, Maryland, and Miss Florence B. Scott of Vassar.

The new tea rooms of the Plastic Club will be used for the first time on Wednesday, November 25, when the new members will be received at a club tea from 4 to 6 o'clock. The reception committee invites all members.

The exhibition of painting and sculpture by Alice Kent Stoddard, Anne W. Strawbridge, Beatrice Fenton and Marjorle Martinet will close November 25. This is a very interesting collection and deserves careful study.

The Woman's Club, of Cynwyd, have organized a sewing circle for Red Cross work, and the first meeting will be held this afternoon, at the home of Mrs. Leonidas Beck, Montgomery avenue and Kent road, Cynwyd.

Kent road, Cynwyd.

#### HOW PARIS STYLES MAKE MUCH HAIR FROM LITTLE

You have noticed the prevailing hair styles, which are Parisian, make it burn enjoyed a lengthy vogue, but the impossible to use false hair because very latest ifad for milady's coiffure consists of two little cute pairs of corkof the simple lines which conform to screw curls worn about each ear.

The idea is very becoming to most faces. Women are growing tired of the the natural shape of the head. It therefore becomes necessary to make your own hair look as heavy as possible. This is not a difficult task if you are careful to keep it perfectly clean. In washing the hair it is not advisable to use a makeshift, but always use a preparation made for shampooing only. You can enjoy the best that is known for about three cents a shampoo by getting a package of canthrox from your druggist; dis-solve a teaspoonful in a cup of hot you can at least show people how to be a patient invalid. water and your shampoo is ready After its use the hair dries rapidly with uniform color. Dandruff, excess oil and dirt are dissolved and entirely disappear. Your hair will be so fluffy that it will look much heavier than it is. Its lustre and softness will also The quickest way to clean currants when cake-making is to put them, with is. Its lustre and softness will also delight you, while the stimulated scalp gains the health which insures hair

# Every Dollar Taken in Today at the Food Ship Headquarters Will Be Devoted to the Belgian Babies

The generous response of the people of Philadelphia, and of Pennsylvania, on Sunday and yesterday, brought up the Food Ship fund to an amount sufficient to complete the cargo of the "Orn" with the exception of about one hundred tons.

This last one hundred tons of cargo we propose shall go to the babies.

In every news dispatch from correspondents observing the condition of affairs in stricken Flanders, there has been some pitiful reminder of the exceeding distress of the little children-especially infants in

If Philadelphia can contemplate the suffering that would result if a great portion of the women and little children of the city were turned out of doors in this cold weather, and the supply of milk shut off absolutely, then they may have some idea of the state of suffering that the cargo of the "Orn" is intended to relieve.

It seems undoubtedly true that a great many of the little children have died for lack of nourishing food since the armies of Europe have made Belgium their fighting ground.

Thousands upon thousands of others are in crowded refugee camps where the supplies of food are most needed.

It Is Only the American People Who Can Send Them Any Real Measure of Help

All other nations are debarred either by their participation in the war or by exhaustion of their re-

The unexampled generosity of the people of Philadelphia in filling up two food ships for the relief of the Belgians, is now acknowledged most gratefully. The list of the contributors has become a roll of honor such as there never was before in the world. Every one whose name is on that roll of honor goes to his Thanksgiving with a better heart for it and better deserving.

The Last Opportunity to Help the Food Ship "Orn"—Come Today!

Who will give something to buy condensed milk for the babies?

The headquarters in the Lincoln Building will remain open until this evening at 8 o'clock.

Bring your contributions direct to the headquarters, or if you have a check to send direct it to the Philadelphia National Bank, made out to the Philadelphia National Bank and mark for Belgian Food Ship.

If you are going to share in this, do not delay -this is the last day for the filling of the "Orn."

Cyrus H. K. Curtis......Public Ledger Cyrus H. K. Curtis ..... Evening Ledger Benjamin G. Wells ..... Philadelphia Press John J. Collier ..... Evening Telegraph

M. F. Hanson ......Philadelphia Record James Elverson, Jr. ... Philadelphia Inquirer E. A. Van Valkenburg .... North American W. L. McLean ..... Evening Bulletin

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